

day 8

One of our favourite comeback stories is **Silken Laumann's**. In 1992, just 10 weeks before the Olympic Games, she was injured in a rowing accident that completely shattered her right leg. Silken was told by doctors she might never row again. Yet there she was, 5 operations later, back in the shell, winning the bronze medal for Canada. Silken retired from rowing in 1999 with three Olympic medals. Her story inspires those of us who feel discouraged, and teaches to embrace failure as a stepping stone to success.

